



GIG  
CYMRU  
NHS  
WALES | Perfformiad  
a Gwella  
Performance  
and Improvement

Beth yw

iechyd menywod?

What's

women's health?



O fislif i iechyd y pelfis, mae iechyd menywod yn bwysig drwy gydol eu hoes.

Mae dysgu mwy am y corff a phrofiadau menywod yn helpu i greu byd mwy cefnogol, gwybodus a chyfartal i bob un ohonom, ac yn rhoi'r offer i ti aros yn iach drwy gydol dy oes.

Dysga fwy am iechyd menywod.

Sgania neu chwilia 

Beth yw iechyd  
menywod Cymru?



From periods to pelvic health, women's health matters throughout life.

Learning more about the body and the experiences of women helps to create a more supportive, informed, and equal world for us all, and gives you the tools to stay healthy throughout life.

Learn more about women's health.

Scan or search 

What's women's  
health Wales?

